

## NOVENA TO THE MOTHER OF PERPETUAL HELP

Opening Song

Mother who will not forsake us,  
Pray for Thy children  
Pray for Thy children

3 times

**C:** Most holy and Immaculate Virgin and our Mother Mary, you are Perpetual Help, our refuge and our hope.

**A:** We come to you today. We thank God for all the graces you have obtained for us. Mother of Perpetual Help, we love you. We promise to serve you always in love and to do all in our power to lead others to you.

**C:** Mother of Perpetual Help, obtain for us these graces.

**A:** The strength to triumph over temptation, a perfect love for Jesus Christ and a holy death, so that we will live with you and your Son for all eternity.

**C:** Mother of Perpetual Help,

**A:** Pray for us.

**C:** Lord Jesus Christ, at the request of Mary Your Mother, You changed water into wine at Cana of Galilee. Listen now to the people of God gathered here to honour our Mother of Perpetual Help. Grant our petitions and accept our sincere thanks.

**A:** O Mother of Perpetual Help, we call upon your most powerful name. You are the safeguard of the living and the salvation of the dying. Your name will always be on our lips, especially in time of temptation and at the hour of our death. Your name is confidence and power. Blessed Lady, help us whenever we call on you. We will not be satisfied with merely pronouncing your name. Our daily lives will proclaim that you are truly our Mother of Perpetual Help.

**C:** Let us pray for our daily needs.

**A:** O Mother of Perpetual Help, with confidence we kneel before you. We implore your help in the problems of our daily life. Trials and sorrows often

depress us. Misfortunes and painful privations bring misery into our lives; everywhere we meet the painful crosses. Have pity on us, O compassionate Mother. Take care of our needs, free us from our sufferings. Grant that we may endure all sufferings with love and patience, if that is the will of God. These graces we ask, trusting not in our merits but in your love and power, O Mother of Perpetual Help.

**C:** Let us pray.

Grant wisdom and prudence to our Holy Father, the Pope, our bishops, our priests and all the leaders of our nation and community.

**A:** Hear us, Lord through Mary our Mother.

**C:** Grant that all men may live as brothers in social peace and religious unity.

**A:** Hear us, Lord through Mary our Mother.

**C:** Grant that the Holy Spirit may guide the sons and daughters of our families in choosing their way of life.

**A:** Hear us, Lord through Mary our Mother.

**C:** Grant that we may retain our health and that the sick, regain their health according to Your Holy Will.

**A:** Hear us, Lord through Mary our Mother.

**C:** Grant eternal rest to all the deceased Novenites and to the souls of all the faithful departed.

**A:** Hear us, Lord through Mary our Mother.

**C:** Grant guidance and aid in all the special intentions of this Novena, and all the needs of those present.

**A:** Hear us, Lord through Mary our Mother.

**C:** Let us silently present our personal petitions to our Mother of Perpetual Help.

Silence

**C:** Accept, O Lord, our thanks for the new life of grace You gave us.

**A:** We thank You, Lord, through Mary our Mother.

**C:** Accept our thanks for all the graces received from the sacramental life of the Church.

**A:** We thank You, Lord, through Mary our Mother.

**C:** Accept our thanks for the spiritual and material blessings, given to our Novena Family.

**A:** We thank You, Lord, through Mary our Mother.

**C:** Let us thank our Mother of Perpetual Help for the favours we have received.

Silence

Mary from thy sacred image  
With those eyes so sadly sweet,  
Mother who so loves thy children,  
See us kneeling at thy feet.  
In Thy arms thy Child thou bearest,  
Source of all thy joy and woe;  
What thy bliss, how deep thy sorrows,  
Mother, thou alone can't know.

C: Let us pray

A: O Lord, look upon Your servants labouring under bodily weakness. Cherish and revive the souls which You have created, so that, purified by our sufferings we may soon find ourselves healed by Your mercy. Through Christ our Lord.

Amen.

C: (Extending the hands towards the congregation)  
May the Lord Jesus Christ be with you that He may defend you, within you that He may sustain you, before you that He may lead you, above you that He may protect you, behind you that He may bless you. In the name of the Father, the Son, and the Holy Spirit.

A: Amen.

C: Let us Praise with Mary our Mother.

A: “My soul magnifies the Lord, and my spirit rejoices in God my Saviour. For He has looked with favour on the lowliness of His Servant. Surely, from now on all

generations will call me blessed; for the Mighty One has done great things for me, and holy is His name. His mercy is for those who fear Him from generation to generation. He has shown strength with His arm; He has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly. He has helped His servant Israel, in remembrance of His mercy, according to the promise he made to our ancestors, to Abraham and to His descendants forever.”

**C:** Let us now unite with the Christians of all ages in praising Mary and in committing ourselves to her powerful protection.

**A:** Hail Mary, full of Grace, the Lord is with thee. Blessed art thou among women. And blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, Now and at the hour of our death.  
Amen.

