

33 Day Consecration to Jesus Through the Immaculate Heart of Mary

(Some portions of the prayers and meditations are taken from the "Consecration to Jesus Through Mary" book.

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Day One (1)

Your Culture, The World's Spirit is Within You

You were born into a culture of your parents, siblings, extended family, and friends. This culture taught you a language and gave you values. You had a neighborhood culture and a school culture. As you grow, you choose your own culture, where you would live, whom you would marry, what work you would do. You chose to belong to a church or to stop going to church. You listen to music, stream shows, and choose your friends. Every moment of your life, you are immersed in the world's culture. This is extremely powerful and always exerting a force upon you. That culture has entered you and deeply affects your thinking and choosing. You must see this world in God's light and be aware of its danger to your eternal salvation.

The Virtues

Not only is serious reflection needed on how the world's culture has influenced you, but also the daily practice of virtues is an important part of this 33 day journey. Without sincere effort in both, this journey is not useful. Today bring to mind the Trinity - the Father, Son, and Holy Spirit, and the Theological Virtues - Faith, Hope, Charity. Begin to offer up your actions in sacrifice and ask Mother Mary to take them into her hands. Pray for an increase in your faith, growth of hope, and abundant works of charity.

The Saints

You live according to role models that you experience. During these formative years, you observed your parents and siblings. Hopefully they are good role models. As you go through adolescence, many other people enter your inner circle. During these 33 days, you will meet very special models- the canonized saints. You will learn their stories and read their quotes. This is the easiest way to prepare for the consecration.

St. Anthony the Hermit (251 - 356)

One day, after his parents died, St. Anthony attended mass and read Jesus' words, "Go, sell all you have and come follow me" (Mk 10:21). He used his inheritance to help his younger sister. At 21, he left his city to live nearby in solitude. When thousands of others joined him, the monastic life began in the Church. Although the monastery is not for everyone, it does exemplify the Christian call to leave aside the world's culture.

St. Louis de Montfort writes: *(Please think on each of these for a few moments)*

1. You are crusaders united to fight the world. Be valiant warriors who refuse to yield an inch.
2. You pass through this world as a visitor and pilgrim. Know that heaven is your homeland.
3. This earth cannot make us happy. There is no perfect calm in this stormy sea.
4. Whenever the world insults us, they are giving us jewels and setting us on a throne.
5. Divine Wisdom made copies of God's intellect and will, and infused these into man.

Enter into Daily Common Prayers

Daily Common Prayers

Prayer for Practicing of Virtues

Dear Mother, pray for me. Help me today to leave my worldly culture behind and enter into a virtuous life, one that reflect the glory of God. Teach me today to sincerely live out the Theological Virtues of Faith, Hope, and Charity. Oh, dear Mother, help my belief grow in my loving Abba and all He has revealed to me. Increase my trust for the promise of eternal life that awaits me, and guide me in bringing forth works of charity in my thoughts, words, and deeds to all who enter my life. Amen.

O, Mary!

O Mary conceived without sin, pray for us who have recourse to thee.
Please spread the grace of the Flame of Love over all humanity! Amen.

Consecration

My Queen and my Mother, I give myself entirely to you, and to show my devotion I consecrate to you this day my eyes, my ears, my mouth, my heart, my whole being without reserve. Always dear Mother, I am your own, keep me, guard me as your property and possession. Amen.

Come Creator Holy Spirit

Come Holy Spirit, Creator, come to me come, from Your bright Heavenly throne!

Come, take possession of my soul, and make it all Your own.

You who are called the Paraclete, best gift of God above, the living Spirit, the living fire, sweet unction and true love! You who are sevenfold in Your grace, finger of God's right hand, His promise, teaching little ones to speak and understand! O guide our minds with Your blessed light, with love our hearts enflame, and with Your strength, which never delays, confirm our mortal frame. Far from us drive our hellish foe, true peace unto us bring, and through all perils guide us safely, beneath Your Sacred Wing, through You may we the Father know, through You the eternal Son, and You the Spirit of them both, Three blessed, three in one. All glory to the Father be, and to the risen Son the same to you, O Paraclete, while endless ages run. Amen.

Transformation Into Christ

It is no longer I who live, but Christ who lives in me.

O, my Jesus, may our feet journey together,

May our hands gather in unity,

May our hearts beat to the same rhythm,

May our souls be in harmony,

May our thoughts be in unison,

May our ears listen to the silence together,

May our glances melt in one another,

And may our lips beg our Heavenly Father together

To obtain mercy on souls.

Amen.