

33 Day Consecration to Jesus Through the Immaculate Heart of Mary

(Some portions of the prayers and meditations are taken from "Consecration to Jesus Through Mary" book.

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Day Fifteen (15)

The Power to Say No

When a little baby grows up, he sees other people and begins to relate to them. He learns to speak. His first words are sometimes "daddy" and "mommy". One day for the first time he says a very powerful word, no. The child is amazed by its power and now he can resist his parents as he pleases. So he often says no. This word now has more power than the gentle word "yes", that word of obedience and acceptance.

Everyone can say no. They can say no to parents, friends, spouses, and even to their own children. They can even say no to Jesus Christ. The saints feared only one thing, their own free will. They often ask God to take away their free will so they could never say no to God. Only one person in the world can really destroy you, and that is you alone, by saying no to God.

Driving a Car

While teaching their young adult son or daughter how to drive, parents are well aware that they could have an accident and even be killed. God gave you free will even though He realized that you could use this gift to destroy yourself. God wants you to love him. He wants you to say yes. In order to do that he must give you the power to say no even if you decide to choose hell instead of heaven.

Many Ways

We can say no in so many ways. "I won't go to church. I won't go to confession. I won't be honest. I will not be pure. I won't forgive that other person". Don't be surprised because everyone has many "no's" hidden in his or her heart.

We are just starting out on the road of true devotion. Soon you will discover the many times that you say no to many people and situations in your life. We are only at the beginning, so don't be discouraged. Mary always said yes, and by your true devotion all of your "no's" will change to "yes". These are 33 days of renouncing your "no's", and living out the "yes" to Jesus and Mary in real devotion.

Mother Teresa's Vow

Mother Teresa of Calcutta made an extraordinary vow that was revealed only after her death. Very early in her religious life her confessor allowed her to vow that she would never say no to God in anything. She made this vow under pain of mortal sin. Her years were a total yes to God.

The Virtues

How many times have you said no today? Perhaps, hundreds of times? Mostly to reject what others want you to do, mainly your parents. Have you ever stopped to think how one word, the word no, can cause so much hurt? Please, think and act as Mother is requesting you. Stop all the hurting. Go, remove the no from your heart, and your vices will surely die. Plant in its place the sweet word, yes, and then see how beautiful your life can be.

St. Louis de Montfort writes:

1. When you follow Mary you will not stray (Saint Bernard).
2. For 30 years Jesus said yes to Mary.
3. Jesus wanted Mary at the cross so she could say yes with him to the Father.
4. Because Mary said "yes", God has given her such great authority that she seems to have power over the heart of the Trinity.

Enter into Daily Common Prayers

DAILY COMMON PRAYERS

***P*ayer for Practicing of Virtues**

My loving Mother, pray for me. The word no is always the easy answer and the most frequent answer that comes from my mouth. It is my first reaction whenever I am asked to obey. I am learning that I must stop thinking about myself, and develop the new habit of seeing others as being more important. Their needs are higher than mines, their happiness is my call, and their salvation is my mission. Teach me oh Mother, how to say yes, just like you. Teach me the beauty in living the life of Jesus in my thoughts, words, and deeds. Take my yes today, and store it for me in my heavenly treasury. Yes Mother, help me to walk with you today. Amen.

***O*, Mary!**

O Mary conceived without sin, pray for us who have recourse to thee.
Please spread the grace of the Flame of Love over all humanity! Amen.

***C*onsecration**

My Queen and my Mother, I give myself entirely to you, and to show my devotion I consecrate to you this day my eyes, my ears, my mouth, my heart, my whole being without reserve. Always dear Mother, I am your own, keep me, guard me as your property and possession. Amen.

***C*ome Creator Holy Spirit**

Come Holy Spirit, Creator, come to me come, from Your bright Heavenly throne!

Come, take possession of my soul, and make it all Your own.

You who are called the Paraclete, best gift of God above, the living Spirit, the living fire, sweet unction and true love! You who are sevenfold in Your grace, finger of God's right hand, His promise, teaching little ones to speak and understand! O guide our minds with Your blessed light, with love our hearts enflame, and with Your strength, which never delays, confirm our mortal frame. Far from us drive our hellish foe, true peace unto us bring, and through all perils guide us safely, beneath Your Sacred Wing, through You may we the Father know, through You the eternal Son, and You the Spirit of them both, Three blessed, three in one.

All glory to the Father be, and to the risen Son the same to you, O Paraclete, while endless ages run. Amen.

***T*ransformation Into Christ**

It is no longer I who live, but Christ who lives in me.

O, my Jesus, may our feet journey together,

May our hands gather in unity,

May our hearts beat to the same rhythm,

May our souls be in harmony,

May our thoughts be in unison,

May our ears listen to the silence together,

May our glances melt in one another,

And may our lips beg our Heavenly Father together

To obtain mercy on souls.

Amen.